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SPEAKERS

Carissa Andrews



Carissa Andrews 00:02

Welcome to the Author Revolution Podcast, where change is not just embraced, it's celebrated. I'm Carissa Andrews International Best Selling Author, indie, author, coach and your navigator through the ever evolving landscape of authorship. Are you ready to harness the power of your mind and the latest innovations and technology for your writing journey? If you're passionate about manifesting your dreams and pioneering new writing frontiers, then you're in the perfect place. Here we merge the mystical woo of writing with the exciting advancements of the modern world, we dive into the realms of mindset manifestation and the transformative magic that occurs when you believe in the impossible. We also venture into the world of futuristic technologies and strategies, preparing you for the next chapter in your author career. Every week, we explore new ways to revolutionize your writing and publishing experience, from AI to breakthrough thinking. This podcast is your gateway to a world where creativity meets innovation. Whether you're planning your first novel, or expanding your literary empire, whether you're a devotee of the pen, or a digital storyteller, this podcast is where your author revolution gains momentum. So join me in this journey to continue growth and transformation. It's time to redefine what it means to be an author in today's dynamic world. This is the author Revolution podcast, and your author revolution starts now. Well, hello there. Welcome back to another episode of the Author Revolution Podcast. Guys, today I am recording the podcast a little bit early. And it actually turns out to be April 8, which is my late brother's birthday. So he would have been 42 today, and also the day of the big Eclipse. Now, why did I choose to do it today? Well, tomorrow is going to be a busy day. I already have a lot of things planned. There's a lot of calls and like different things going on. But also I wanted to tap into the energy of this day. Like for me, it's kind of a bummer. I'm not going to be able to see the Eclipse today it is rainy, and overcast and yucky. And on top of it though, I'll be with my amazing millionaire author squad, the the ladies and gentleman who are a part of the millionaire author manifestation course. So we're going to actually be right in the middle of it on our call, doing our thing and then doing a hypnosis with Tammy. So it's going to be a great day, I have no doubt we're still going to feel the energy of it. But I wanted to record today because I've been thinking an awful lot about vibe shifts, right. So with the concept of this eclipse, there's been you know, so many people talking about how it's going to be end times, you know, the apocalypse is coming like the rapture is here. And it's always interesting to see that sort of thing, because many people don't understand the allegory behind all of that, right. And so

when we are looking at shifting our lives shifting towards what we want, we literally are leaving behind pieces of ourselves like we're offering them up or sacrificing them to the universe so that we can step into life in a new way. And that includes our author lives. So right now today, it's a really great day. So even if you're hearing this, obviously on Wednesday or after, it's still a good time right now, especially with mercury retrograde and all the things that are going on this month, it's a good time to be sacrificing the mindsets that didn't work the the versions of yourself that are no longer serving you and allowing new and more interesting and exciting things to come in. Now, I stumbled upon a quote from Abraham Hicks the other day, and I was like, yeah, yeah. And so I ended up sharing it with my millionaire author mastermind group. And it was so interesting and enlightening because people were sharing a new version of what they get to have. So here's the quote, and I want you to be thinking about this. When you are looking at your life right now, when you're looking at your author career and especially, especially if you've been having or struggling with setbacks in your author career, because let's face it, we all have the thing that we're trying to get over right, the hump that we're trying to get over the glass ceiling, we're trying to break through whatever it is for you. I want you to think about this when I give you this quote and then if you can, if you have the moment, pause the recording of this podcast episode and rewrite your beliefs. Okay. So here's the quote, the way you're describing your life is the way it is manifesting. Now tell me again, how are things going? Isn't that powerful? Like think about that for a minute? Like, are you telling yourself like Facebook ads don't work for you and they never will. But yet you keep them Writing? Are you saying that people always let you down and yet you are still trying to find that like unicorn magical person? Are you always saying that, you know, your new releases never do what you want them to do. And so therefore, you're always disappointed when a new release doesn't do what you want it to do. Like, what is it about your life, that you want to be different, but you're telling yourself and describing your life in a way that does not serve you. So for me, I definitely like elevating, I'm like, everything goes my way and I'm a super fast manifester. Now, that's a very basic, super, like generic kind of thing. And I'll probably be thinking about it more. But we got so many good ones from our millionaire author, manifestation mastermind. And these ladies are incredible, right? One of my students said, I'm in love with my life and everything I'm writing, I feel totally aligned with every book I write, I feel such a deep gratitude to God, my husband, my family, and my fans, as well as all of you here for your unparalleled support. Everything gets to be easy and fun. And every challenge I encounter a handle with grace. How freaking awesome is that? Another one of my students said my grief turns to sheer joy. She has been struggling so much with the death of her co writer. And so we're helping her Elevate, right. And then we've had things like, my life is amazing. I have strong supportive relationships with my family and friends. And I write best selling novels quickly and easily. Meeting all deadlines and challenges calmly and peacefully. So good, right, so good. Another one is my life is full of love and gratitude for my dear husband, my loving family. By supportive friends, my ever increasing fans and myself, I vibrate at higher and higher frequency, attracting my dreams. I dream and the universe delivers. Or my life is full of fun friends and fulfillment with every word I write service to others. And the connection I'm making, I unlock the portal of abundance, creation, and unlimited expansiveness. These are the kinds of ways you need to be thinking about your life, your author, career, what you get to have, like all of the things that are going on with this eclipse. It's so interesting, because this eclipse is all about liberating yourself to be able to, like look into the places where you need freedom and embrace your soul's path, right surrendering to what is letting go of what isn't, and being able to move forward confidently. And then when I look at setbacks, and when I look at the way that like I stopped myself from growing, it really does come back to that Abraham Hicks quote that in my head or outwardly, I describe it, or describe my life or my career in a way that's not serving me. And so today, as I look at this new beginning, right, this new place, I feel like my brother Scott is definitely playing a part of this, that I had a conversation with a psychic not long ago, and he

actually came through surprising the heck out of me, because I wasn't like I went to go see this person. Just because just for fun just to see I'm always the skeptic wanting to try out new things, right. And when Scott came through, it was profoundly shocking, because there was no doubt like there was no doubt that this is the person that was coming through because he is and has been was so uniquely him. Like there's I have never met anyone else like him. And so it was very clear who is coming through in this messaging. And so when I look at the Eclipse being on his birthday, and I look at the the vibe shifts that are happening on the planet, and I think about what we're doing like today, literally today, I'm starting a group coaching with Jensen seral. She has this badass eight week group coaching thing, and I decided to sign up and it just happened to start today, right. And then last week, we started our millionaire author, manifestation mastermind, and we still are ongoing with the millionaire author manifestation. So it's like there's so much high vibe people in my like daily and weekly life that I just feel constantly so blessed that I'm in this place right now that I'm doing these things. And so when I look at the things that aren't working, it feels it feels weird, right? It feels weird to be going, Ah, why aren't these ads kicking off? Or, Oh, why isn't this book launch going better than I thought it would or Oh, like so. It's like there's such a vast vibrational disconnect there that I can't not look at it. I can't not go I don't want to feel that Of course not. I want to be able to elevate. I want all of my things to go very successfully. I want to feel so in line with what I'm doing with my writing that it just goes And it's super interesting to me because right now, I'm feeling more aligned with author revolution than even my writing. And it just, it's always been that way. For me, I guess I kind of go back and forth where I feel really aligned with one or the other. And it just, you know, goes back and forth. And that's been my normal life. But right now, it just feels different. It feels like it's a deliberate choice, on my part now, to be able to decide, do I want my author career to be successful? Like the question Is there? Is that what I really want? And I think it is, right, I want all of it to work successfully, I want everything to work in conjunction with each other, and letting go of the pieces that aren't working to allow in the parts that will, I think is going to be crucial. So it goes back to that the meditation, right, and the fact that I'm doing meditations every day, I'm trying to take complete action based off of what the universe is giving me. And seeing what happens, like seeing what comes up from it, like this millionaire author manifestation group, has been super interesting, because like, it wasn't even on my radar until the meditations came through. And we got together, we started our sessions last week. And this is an incredibly powerful group of eight women, I'm telling you right now, it's crazy. Like, in one of my meditations, I had a nudge to place this out on a map, like put the pins on a map. And when you lay us out, I was like, Oh, we're almost in a circle is what it looks like across the United States and into Canada with Tammy. But the more I was looking at, it's kind of more of an oval, and one of my other students was like, You know what, it could be an infinity symbol. And so when I drew that out, it was like, Oh, we are placed in the United States and into Canada. In a like a sideways infinity. It's just amazing. And so there's something going on here, guys, there's something that I can't quite explain, that's happening. And I think it all kind of ties back into some of these energies. Now, maybe you're not as woowoo as me, maybe you're not like into the you know, synchronicities of some of these things. But you have to admit, like, we have eight people in this group, and the fact that we're even in like an oval shape is a little strange, right? You think we become splattered everywhere, but we're not. There's a very definitive line, like a very definitive line. And so it's very interesting to see, like, how that's playing out. And just knowing and trusting that kind of I'm on the right track that these students, and these friends are on the right track, because that's what these people are becoming right. And it's just amazing, like, how much things can shift when you start to decide how it works for you. Like, what if life is just a game, and we're playing it and our actual job, like our only goal in this life is to decide how good it can get? What if that was the rule, the only rule. And so that's why we get stuck. That's why we have limiting beliefs. That's why we're trying to overcome these big barriers. Because we're trying to get to the point where we

choose to elevate where we choose something better, or we're no longer that person that you know, puts ourselves down or feels unworthy because we know we are we already know we are. And so now our job is to just decide how good it can get. What if we're the only bottleneck right? We've talked about that with Abraham Hicks. We are the only bottleneck because the whole universe is ready to give us everything. And so the second you can let go and that's my word of the year right? As soon as you're ready to let go and allow yourself to surrender to what is new, cool stuff can come through. It's so neat is so neat. And I don't know I feel very reflective today since the eclipses here since the energies are very high vibe lately. They're very interesting. I even had a weird dream like actually dreamt about the Eclipse last night in my dream like I saw it in my dream it was wild. I mean, it was a very weird dream Anyway, like I was I was like at a church, which is not something I typically do inside the church there was like Harry Potter motifs in like Harry Potter like, thing. I don't know. It was a weird, it was a weird dream. But it was still interesting that the Eclipse was in it and that like literally the night of like the night before. I'm dreaming about this thing. It's just there's a lot of there's a lot of stuff happening right now and and maybe you're feeling it too. Maybe you're feeling a little out of towards, maybe you're feeling like you're spinning your wheels, maybe you're feeling like things are falling apart. Maybe you're feeling like you don't know what your purpose is. And I think right now, as we're all elevating, as we're all ascending into a higher place vibrationally, that's normal, because we're letting go of old thought forms of old ways of being of old systems. And sometimes these old systems don't serve us, right that like capitalism, let's face it, guys, and capitalism is not serving us the way it should be. It's serving very few people. And so how do we then create, in our heads in our minds? The next version of reality? What, what do we get to have? That's kind of our goal today, or this week, I want you to think about your life the way you want it to look? And then look at your words, how are you describing it right now? Because that's how it's manifesting. So tell me again, how are things going speak it into existence? What is the way you want your author career to look? What is the way you want your sales to look? What is the way you want ads to be working for you? If everything can go, no matter what you want? Your way? What would you rather have? Speak it out loud. Tell the universe what you want. Tell other people when they ask you how it's going, what you want to have happen. Like, it's not about lying. It's about shifting your vibration, getting your subconscious in alignment with it. And trusting it's yours. Right? Trust, it is coming trust, it's yours. So that is my thought process right now, when it comes to the vibe shift when it comes to allowing in something new and to not let the setbacks hold you back. Because what if the setbacks are really just there as a weight to make you decide, as a way to make you shift, as a way to make you play the game as a way to have you pay attention. Because a lot of us go into those very subconscious, very automatic systems, right? We go into that, that place where everything is just kind of going through the motions. And so when we have something in life, that I guess doesn't go the way we want it to, it makes us stop and take notice. And then we start digging our heels in, which doesn't overly help because obviously you're focusing on the problem and not the solution. So today, think about where you're going. Envision all that you get to have, think about the way it gets to work for you. And if nothing were wrong, if nothing could ever be bad about what you wanted, dream it up? How do you want it to look? How do you want things to work for you. And continue to do that as frequently as possible. Shift your vibe, whenever you're feeling sorry for yourself, or whenever you're feeling frustrated, or whenever you're feeling like things are just not working for you. Remind yourself that as you think about what you want, it gets to be true. It gets to come to life, that gets to be your truth. Because what's manifested already what your life looks like right now, is a reflection of the beliefs and the thoughts you had up until this point. So it's old news, your reality, your life today, this present moment. While it's the only moment we can acknowledge our manifestations, and our life. It's also old news. It's here because of all the thoughts and all the actions you took up until this point. What do you get to do next? How does it get to move

forward? How do things get to work for you from this place? Onward. All right, there's my 'woo', conversation for you this week. I hope you enjoyed it. Of course, if you'd like to download the transcript, or if you want to have a conversation, continue with the conversation, make sure you head over to authorrevolution.org/230 for the transcript, or dive into any of my social media to have a conversation about what you think about the energies right now about the Eclipse about Mercury Retrograde all the things I love all the things so let's talk about it. What is it that you really want? How do you want to speak your life into existence? Drop it in in one of the groups right go into the author revolution online community and let us know what your speaking your truth into being. What does it look like for you? All right, enjoy it, shifted vibe it it's time to elevate. So go forth and start your author revolution.