

# Ep 224

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## SUMMARY KEYWORDS

author, writing, dream, book, career, trust, pages, story, action, belief, find, possibility, reminding, chapters, universe, journey, means, library, clear, today

## SPEAKERS

Carissa Andrews

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Carissa Andrews 00:02

Welcome to the Author Revolution Podcast, where change is not just embraced, it's celebrated. I'm Carissa Andrews International Best Selling Author, indie author, coach and your navigator through the ever evolving landscape of authorship. Are you ready to harness the power of your mind and the latest innovations and technology for your writing journey? If you're passionate about manifesting your dreams and pioneering new writing frontiers, then you're in the perfect place. Here we merge the mystical woo of writing with the exciting advancements of the modern world, we dive into the realms of mindset manifestation and the transformative magic that occurs when you believe in the impossible. We also venture into the world of futuristic technologies and strategies, preparing you for the next chapter in your author career. Every week we explore new ways to revolutionize your writing and publishing experience. From AI to breakthrough thinking. This podcast is your gateway to a world where creativity meets innovation. Whether you're planning your first novel, or expanding your literary empire, whether you're a devotee of the pen, or a digital storyteller, this podcast is where your author revolution gains momentum. So join me in this journey to continue growth and transformation. It's time to redefine what it means to be an author in today's dynamic world. This is the author Revolution podcast, and your author revolution starts now. Well, hey there everybody. Welcome back to another episode of the Author Revolution Oodcast. Okay, today, I've got a bit of a brain teaser for you. And the reason for this is because I've kind of been doing the mental gymnastics on it as well. Right? So I've been reading the book You Are a Badass by Jenn Sincero and totally loving it, like her sense of humor. Spot on chef's kiss so good. And she introduced a thought that was really kind of profound. And now I've thought about this in past I've looked at it, but never gave it a whole lot of time or credence that it really deserves. So what if I told you that your perfect author career isn't just a pipe dream? That Believe it or not, it already exists? Yeah, I know. It sounds a bit out there, right. But stick with me. Think about electricity for a sec. It was always there, right? Just buzzing around doing its electric thing long before we figured out how to channel it into something mind blowing ly useful. Now, imagine your dream author career is a bit like electricity. It's always there floating in the realm of possibility, just waiting for you to flip the switch. Intrigued? Good. Because I want to dive into this concept, this electrifying concept together to see where it leads us. Alright, so let's kick things off by kind of stepping in another direction or into another dimension for a moment. I mean, I love that sort of thing. Anyway, I write those types of books, but the realm of infinite possibilities. Picture this

place as a like a vast, endless library. And it's not an ordinary library though, right? This is a special library. It holds every possible path that your life and author career could take. Now, each book is a different story of you, some you've dreamed of, and others you haven't even yet considered. Now, in this metaphysical library, there are books of your life's potential author careers, each one detailing a version of success, fulfillment and creativity. But the catch these books don't just jump off the shelf into your reality. You've got to believe they're there. And that you have the power to bring them into your own world into your reality now, so humor me for a sec. Close your eyes. Well, not if you're driving or running or something. Imagine yourself standing at the entrance of this library. You've got a key, your key, your specific only you you're the only one that has it key that unlocks the door. And as you step inside, you're hit with that old book smell you know the one we all love it. The scent of dreams and untold stories. And as you wander through each book you touch is thrumming with potential. Your perfect author career in all its glory is right here. Can you sense it? Do you dare believe it? Now in this limitless library of what could be? How do we find our perfect story? How do we make the leap from dreaming about it to living it? Stick around because that's exactly what we're going to explore. So, okay, we've stepped into this vast, endless library of possibilities. And now you might be wondering Chrissa how In the world, do I find my book amongst all the possibilities here? How do I even start? So here's the cool part, you get to play detective in your own story. It's about playing with the possibilities, sifting through what ifs, and finding that this is it. So first off, I want you to think of this as the ultimate game of Choose Your Own Adventure, right? Except in this game, there are no wrong choices, just different paths. So each one has its own set of challenges, rewards and lessons, but they all lead to versions of your successful author career. The trick, you got to listen to your gut your intuition, right, it's like your internal compass pointing you towards the book that is really yours, the one that's really calling you the one that's on your heart and mind and has been for a long time. So imagine pulling that book off the shelf, it's got your name on it, it's in bold letters. As you flip through the pages, you see snapshots of your author career at its peak, maybe it's you signing books for a queue of fans, or perhaps it's at a quiet moment where you're reading a glowing review from someone whose life you just changed through your words. And now, here's where it gets really fun. You don't just get to read this book, you get to add to it. Every choice you make, every word you write, adds a line, a paragraph, a chapter to the story of your perfect author career. So how do you start writing these chapters? Here's how I would do it. Begin by asking yourself, What does my perfect author career look and feel like? Get specific, like get a pen and paper? Use a Notes app? Write it in Word I don't care? Get specific and start writing it down? Are you a bestselling novelist? A sought after, like author speaker, a mentor to other writers? What genres are you conquering like a badass? Right? What conversations are you sparking in the world? Are there things that need to be said need to be told that are on your heart, and you want to have this conversation with your readers and with the public at large? The clearer you can visualize this, the easier it's going to be to spot opportunities that align with your vision. It's about recognizing those moments when something feels really right. Like it's a scene straight out of your book. And then you have the courage to say, Yeah, this part is part of my story, the one that I really, really want to go. But here's the thing, you've got to be open to surprises. Your book, might have plot twists that you've never saw coming. I can tell you right now, from this moment, never in a million years did I think I would be married to a British guy who I met on Twitter, like never, that was never even like on my radar. But when I was open to possibilities, and just open to connection, calling came through, it was amazing. And it was probably one of the most profound moments of my entire life so far, because of how that came through. So maybe you'll be discovering a passion for writing in a genre you haven't even considered yet. Or you'll find fulfillment in teaching, writing to others. Whatever it is, right? The universe has this funny way of throwing in unexpected elements that believe it or not enrich your story in ways that you couldn't even script for yourself, like, I can't even fathom it, and neither should

you write. So while you're busy adding to your book, don't forget to leave a few pages blank for the universe to fill in and surprise and delight you. Alright, so we've explored the possibility of this library, right, picked out our book, and even started to imagine adding our own chapters to it. Let's face it, sometimes the hardest part isn't even finding the book or dreaming up the chapters. It's believing that any of it's possible for us. And that's what we're going to dive into now. Right? So imagine, again, you're holding your book, The Story of your perfect author careers there. It is already a reality. You just need to flip through it and get it into action. But as you flip through the pages, they all start to blur. you squint trying to make out your words, but they slip away. That's what happens when doubt creeps in. It's like someone smudges, the ink on your pages. And the path that really seems clear before gets all fuzzy. So here's the secret sauce. Belief. Your beliefs remember are just thoughts you continue to think. So believing in the possibility of your perfect author career acts like a magic eraser, clears away the smudges. It makes the words pop off the page in bold, undeniable ink, right? Believe is so powerful. It's the the fuel to your tank. It's the wind in your sails. It's what keeps you writing late into the night submitting to publishers, or writing more books for your fans pushing through rejection after rejection. Because you know that your story the one you hold in your head hands is worth telling. And it's worth bringing to fruition. Now, I'm not saying you got to have this unmistakable, unshakable move buttons kind of belief 24/7, right, your human doubts come up, we all have them. They're part of the package, unfortunately, of being a human. But it's what you do with these doubts that really counts. Now you can let them blur your pages, or you can use them as a signal that it's time to refocus re invigorate that belief. So how do you ask Well, start small. Find one thing about your author career that you can believe in without a shadow of a doubt. Maybe it's your passion for storytelling, or it's the unique voice you bring to your genre. Cling to that belief like it is your one and only lifeline. And let it be the anchor that keeps your book in focus, or keeps your author career in focus, even when the waters get choppy? Because they will they absolutely well, I've been doing this for over a decade, and they're still choppy at times. And remember, belief is contagious. It's law of attraction in motion. So share your vision with others, and you'll start to see it reflected back to you, you'll start to see evidence of your manifestation, your wonderful successful author of career being reflected back. And before you know it, you'll have a whole crew of people believing in the story of your success and rooting you on. So Law of Attraction will bring more of this to you. And it all comes together to get bigger and bolder and more real and the lines and the words on those pages become solid. Okay, so I want you to take a moment, close your eyes. Again, not if you're driving or running. Take sure yourself holding that book, the one of your perfect author career it exists. It's already out there. It's on the pages. Feel the weight of it in your hands, the crispness of the pages. This is your story clear, and ready to be loved. All it needs is your belief to bring it into reality. And that's it. So how do we make this dream tangible? Well think of it this way. Right? Visualization and dreaming are kind of your blueprints and inspired action. That's the construction crew. It's what builds the bridge between the dream world of what could be and the real world of what it is. So break it down. Your dream author career might seem like this huge, daunting goal. But here's the secret, every big dream can be broken down into smaller manageable steps. You know this as authors, you know this all the time, we're doing it with our books, right? We create this huge world, this this huge story arc series. With multiple books, we have a big goal to do with all of it. But we have to break it down just to this is how much I'm writing today. This is how many chapters there are in this book. This is how many books are in this series, you break it down. So ask yourself, What's the one thing I can do today, that brings me closer to that perfect author career to my dream. Maybe it's just writing a page of your book, right? Or maybe it's researching publishers or whether or not you should go KU or wide. Or even just reading a book on craft, the size of your step really doesn't matter. It's the motion forward that counts. The most successful authors out there, they've got routines that they stick to rain or shine, right? Finding a writing routine that works for you and treating it

like your job because hey, it is your dream job, after all, is where the magic happens, right? When action meets intention. So you've got your vision of your perfect other career, every step you take, I want you to make sure it aligns with that vision. So if your dream is to inspire young readers, for instance, focus your efforts on writing stories that spark imagination and curiosity and speak the language of your readers. Right every action, no matter how small should feel like it's contributing to your bigger picture. But let's be real, taking action. For some people can be scary. Like I'm high in activator. To me, taking action feels good. It feels like I have forward momentum, it feels like I can now put a strategy in place and strategy is my number two. So all that stuff is really easy for me. I can do those things without like any kind of dilemma for the most part unless you're talking about my son and getting his first car and then that's scary. Making a decision like that and taking action scary that way. But it means putting yourself out there, right? It means risking failure or facing rejection. But here's where I want to throw in another cliché because it's true. It's not really about the destination. It's about the journey. So at Every no every setback, it's not a roadblock. And this is something I have to remind myself and part of the duration of like going through you are a badass has reminded me when I start to like, get a little funky myself like we all have this funkiness, right. It's it's a redirection, it's a nudge towards something better. And the key is that you don't get discouraged, then you keep pushing, you keep writing, you keep dreaming, and expanding and reminding yourself you get to be do or have anything you want. And if the answer is always yes, which it is, then where have you been putting your focus on, because if you're not getting what your dream life should be, or what you believe your dream life should be, it means your focus has been off a bit. So your perseverance to come back to your dream is the fuel that keeps it alive. Okay, so obviously, we've talked about dreaming big. We've embraced the unexpected and the nitty gritty of inspired action, love inspired action, right? That's step three in our manifestation process. Now, let's hit the pause button for a second. Because, yes, action is totally crucial. But there's a counterpart to it, that's just as important. And that's about learning to trust the process. So that you can let go, now I have a bracelet right now that says let go. It's reminding me right now, this year, that's my big thing, to let go, like to stop expecting things to work the way I expect them to work, to trust the timing of the universe, to trust that I'm doing everything I can to trust that it's all working out. For me. That is what my year is all about. It's about trusting the process. So here's the truth bomb, no matter how much we plan, and strategize as much as we love it, or hustle. There are things beyond our control, right? And that's not just okay, it's necessary. It's what makes life Well, life. I guess the beauty of your author journey isn't just in reaching the peak, it's in the climb, Miley Cyrus just came to mind. But you know what I mean? Like, the surprises, the scenic detours that you didn't expect. So trusting the process, to me means understanding that some days, you're gonna nail your word count, you're gonna do it. Other days, you're gonna stare at a blinking cursor on a blank page. And both are okay. It means knowing that the rejection letters or the crickets after a book launch are not stopped science, they're just part of the journey, right? And then there's a letting go. This is the part where you release your grip on the how it happens, how it gets to work for you. Like you've set intentions, you've taken inspired actions, you've made decisions, that decision is your superpower. But how it all comes together, that's out of your hands. Remember, the how is not your responsibility. It's like planting a seed, you water it, you make sure it gets enough sunlight, but you can't pull on the leaves to make it grow faster. You've got to trust nature to do its thing, or the universe, right? So Letting go means doing your part, then stepping back and allowing the universe to do the rest. It means not obsessing, which is hard over every detail. Right? It means, you know, not trying to micromanage your entire destiny. It's about taking a leap of faith, faith that your efforts are going to bear fruit faith that your own abilities are going to work and faith that the universe has got your back. Like right? Now I get it. This might sound a bit woowoo to some of you. But if you've been listening to this podcast for a while, you know that this is what we're all about, right? And here's the deal, whether you call it

universe or fate or just plain old luck. believing in something beyond yourself can be incredibly freeing. It can lift the weight of expectation off your shoulders, and it lets you breathe, create and live with so much more joy. So what do you say? Are you ready to trust let go and see where this wild ride takes you. Because my friend, your perfect other career isn't a destination. It's this journey, this moment, and all the beautiful moments to come. And it exists already in that realm of possibility. Right? It's already out there. It's waiting for you to call it in. You can have the most wild, successful, prosperous, amazing life you want. But it's up to you to dream it into fruition. Now I'm going to give you some practical steps on how you can align yourself with your author career, that perfect, wonderful place. So hopefully you're buzzing with ideas and inspiration and maybe just a little bit of impatience, right to get the ball rolling. So first up, I want you to get clear, get clear on your goals and set them and I mean crystal clear. Not just I want to write a book. But I want to write a 300 page fantasy novel by the end of the year, like get specific because the more specific you are, the easier it is to map out your path. And that's something that I've taught often too. Like rapid release roadmap or the plain air series challenge, the more you can visualize it, the easier it is to number one know if you're on the right track. But number two, hit those goals, right. So next up, I want you to create a vision board. This isn't just arts and crafts, right? It's a powerful tool to keep your dreams and goals in sight. Literally, I have one where I've built it in Canva and have it as my desktop, it is so helpful. Fill it with quotes or images or anything that reminds you of where you're headed, and how it makes you feel, right? Build your community. Writing is so solitary at times, and for most of us, right, it's solitary, but you don't have to do it alone. So find your tribe, other authors, mentors, beta readers, anyone, anyone who supports your vision and can offer feedback and encouragement, and probably a kick in the pants. When you really need it to write, we need those types of people in our lives. So it's, it's all about getting the right people to support us. And we need that connectedness like all humans need it, even if it's not a high strength of yours. Like I think for me, it's 11. And so it's it's up there, but it's not in my top 10. But it's all about just finding your tribe and feeling connected. And then embraced the aspect of lifelong learning. The best writers are the ones who see this and view this as a long game, right? So they never stop being students, attend workshops, listen to podcasts, read books on craft, right, absorb all that you can. And the more tools that you have in your belt, the more equipped you can be to tackle any writing challenge. Anything that comes your way when it comes to your author career or, you know, you're more locked in to the vibe of what you get to have. And so you trust that even when something crazy happens, it doesn't matter. Because you know, what gets to be yours. And then finally, something I'm still working on, I want you to celebrate every When did you get a rejection letter A Well, that's alright, it means that you put yourself out there, celebrate your courage. Did you finish a chapter? That's one step closer to your goal, right? In this industry, resilience is truly key. And being able to pivot and being able to continue to go on, and trust that every small victory is building that resilience. Okay, so we've covered a lot today, haven't we? Remember, your perfect author career isn't just a daydream, it's within reach. It's just like your spaghetti. You can have it, you can build it, you can create it. It's in the actions you take every day, the beliefs you hold in your heart, and the willingness that you have to trust in the journey, even when the destination isn't fully in sight, even when you're not quite sure how it's going to come and how it's going to be here. So I hope that you take what we've explored today and hold it close and like step boldly into the future of what if, because when you think about it, in that regard, when you really look at it as what if it's already out there? What if I can bring it to me? What if all I need to do is trust that it's mine? magic happens. Now remember, the world needs your stories and your voice and your unique spark? It's up to you to make sure you believe in it too, because they're waiting, right. Alright guys, thank you so much for tuning into this episode. Don't forget, if you'd like to check out the show notes, you can always head over to [authorrevolution.org/224](http://authorrevolution.org/224). And in the meantime, I hope you

enjoyed everything we talked about today. Hopefully it gave you some food for thought. And here's to writing your own story. One inspired action at a time. So catch you on the next episode. Go forth and start your author revolution.