

Episode 135

Tue, 6/7 10:27AM 22:19

SUMMARY KEYWORDS

vehicles, manifestation, cars, week, author, desire, manifest, focus, step, messy, allowing, land, knowing, moment, happen, vibe, indies, place, revolution, hold

SPEAKERS

Carissa Andrews



Carissa Andrews 00:09

The indie author revolution has been around for more than a decade. So we indies continue to push the boundaries of what we're capable of. From getting over initial prejudices to staring down perfectionism and author imposter syndrome. We've become a force to reckon with indie authors now wear more hats than ever as we strive to create a career full of meaning prosperity, and potential. We've doubled the demands and continue to be rebels in the face of adversity. Now, after years of hearing the shouts of hustle and grind, we indies are rebelling again, gone are the days of publishing a book a month until we drop, and in its place, sow the seeds of a better way to rapid release, a way that feels incredible as we build a sustainable, lifelong author career, that not only increases our visibility and royalties, but it's all done with intention and ease. If you're ready to buck the system and become the visionary entrepreneur, I know you're meant to be, you've come to the right place. I'm Carissa Andrews, international best selling indie author, and this is the Author Revolution Podcast. Well, hey there guys. Welcome back to the Author Revolution Podcast after a week long hiatus. That was completely unexpected. So I gotta say, In the nearly three years that I have been doing this podcast, last week was the first time I officially had to skip an entire week. I mean, I think in the first year, I did one episode where it was literally just Hey, guys, it's Christmas. Have a good one. See you later. It was like five minutes long. But yeah, this was the first time I've had to skip an actual episode. And here's why. So on Monday, so memorial day, Monday, over here in the United States, we had a huge storm roll through that. They're not quite sure if it was like the outskirts of a tornado or if it's just straight line winds or what the heck happened. But basically right through our area, we had trees downed, everywhere, like literally it was like mass chaos in the point that we live on. We're actually in between two different lakes here in the middle of cross Lake, Minnesota. And so trees were everywhere, including two of our big, long standing oak trees decided to come down, it landed on our electricity line, which obviously took the power out, took the power pole out, snapped one of the cables, it was a mess. Needless to say, we were out of power out of electricity for two days, which was a complete disaster. You know, when you have seven people in a house, one toilet, and there's no electricity, it's not fun. Let me just say because, wow. So we ended up having to get a generator, and we had to do a lot of stuff. But we also had those same two trees land on both, not just one, both of our vehicles. Oh my gosh, guys. Okay, so that brings me right around to the point that I want to talk about this week, which is messy manifestations. You might have seen me talk a little bit about it on Tik

Tok. But even there, I've been a little bit sparse because we have been doing so much in the back end of things, trying to keep things organized and trying to I don't know, figure out our car situation and all the other things right. So messy manifestation. What is it? Well, my husband and I, I'm going to give you an example. My husband and I have been talking about how we both need new vehicles, right. He had a 2004 GMC Yukon. And I had a 2008 Toyota Sienna. They're not super bad, but they're not like, you know, fancy snazzy, like tech induced kind of vehicles that normally we would like right, we've been putting the majority of our money into the house so that we can flip the house and eventually move. So all of our all of our stuff has been going towards this house trying to get it done trying to get it organized. And so everything else is kind of just sitting on the wayside, waiting to get its moment, right. Well, apparently, we must have wanted new vehicles more than we thought we did. Because those two trees in one fell swoop killed both of our cars and now we are having to car hunt, which I'm gonna say right now, now is not the best time to be hunting for cars. Used Cars are just a fiasco in itself. And new cars are insanely overpriced as well. So it's just like hole. Okay, this is going to be an interesting time. So of course, for me as someone who is interested in manifestation who thinks is very fascinating, understands how this sort of thing happens. I'm like, Okay, we obviously weren't clear enough inside ourselves. We actually wanted this thing more than we thought we did because we allowed the opening for it. You Like, when you really want something, and it's like, let's say, a millionaire author destiny, right, you really want it, but it's big, and you're not quite sure how it's gonna happen. So you focus on it, and there's all these things and you're, you're kind of getting in your own way with your thoughts. So your resistance gets starts getting built up, because you're not sure how it's gonna be a thing. But what happens is the other things that you're wanting things like new cars, for instance, they don't have the same resistance in that same moment, because your focus is elsewhere. What ends up happening is a manifestation of least resistance can come through. But sometimes it does look like a disaster, before it gets better. It's kind of like cleaning your house, right? You clean your house. And sometimes it has to get Messier before it gets better. I don't know about you, maybe it's just me, maybe it's when I'm cleaning my kids rooms, because holy cow. There's no organizing a kid's room without getting it first messier than it already is, which is incredible. But that's kind of the way manifestations work when it's a messy manifestation. Because sometimes when we want something, we don't have to know the how, and we've talked about this, the how isn't our responsibility. So when a disaster like this happens, and specifically it lands on the two vehicles, it didn't land on our boat, it didn't land on our house, it didn't land on our shed, it didn't land on a person. Thankfully, it didn't land on our camper. It landed on the two cars. So that, to me says it's very, it's a very specific manifestation. What I'm saying is, we want to new vehicles and the universe in its infinite wisdom was like, I can take care of that for you. Hold my dear, watch this. And so now we're having to grow, right, we're having to be in the mix of learning how to get new vehicles. Now when we haven't been in the market to shop for vehicles. For a while we're having to test drive things, we're having to go through the loan process, we're having to go through the insurance claims process, we're having to be kind of in this middle place where we're not quite sure what we're going to get how we're going to afford it, what we're going to do with it, any of those things, right. So when you're in a place like this, if you have these kind of manifestations that happen, and maybe sometimes it's not as dramatic as this, maybe you have a smaller manifestation, that's just a mess, like you're wanting a book to be a best seller. And it's not coming out and it's causing problems, and you're starting to freak out. And so what if in order to have that best seller, you need to take some time back and relax and allow a different type of story to flow through you. Or what if there is something that you have to experience in order to make that book The thing that it has to be, and you haven't experienced it yet. And so therefore, your inner being is slowing you down or causing some hiccups so that you have to experience the thing first, there's a lot of different ways that messy manifestation can come about. It doesn't have to be quite this

dramatic. But it was a really great example to be able to give you guys on what can happen if you are not clear on your manifestations. Or maybe you're clear, but you're not realizing which ones are allowing, which ones aren't. The first thing I want to talk about is okay, so when this happens, what do you do? Let's say this particular situation happened to you? What do you do? Well, the first thing is, obviously, you have to remain calm, knowing that everything is working out in your favor. This is something that I've worked on for a long time. And it hasn't always stuck with me. But this year in specific it really has. So everything is working out in my favor. Whatever this is, whatever the universe has done to that these vehicles, it's working out in my favor, I am choosing to believe that the universe would not take away our vehicles without also being able to provide for a better situation to come. So I'm holding the space knowing that whatever vehicles we're going to get out of this mix. Once we are done with you know, the whole insurance and everything, they will be better than the ones that we had before. And they will be a step closer to our ultimate kind of cars that we want to have down the road. Maybe it won't be the ideal car like my husband's not going to get his Diablo you know, I'm saying. But I hope that we are moving a step closer to the dream cars that we kind of want to have. Once you know kids are out of the picture and they're driving themselves and it's not a big deal to have like 16 billion people in a car. So that's the space that I'm holding. So what you need to do, like I said, stay calm and then start to think about what it is you want to manifest next. So you're given this big thing. What do you want to come of it because you're still in control of this destiny. You are still in control of whatever the manifestation is handing to you your income control of the direction it's going to take like you could sit there and be completely upset, you could be in despair, you could be thinking, you're going to end up having to have like a really shitty car. And you know, all these things are gonna go wrong and blah, blah, blah, you could do that. But then you'd be stuck with this really shitty car and you'd be stuck with like this perception that Why does everything bad happened to me, bla, bla, bla bla, right. Or, you can choose to believe that everything is working out in your favor, you can choose to believe that if the universe is going to take away from you a certain thing to help you manifest the thing that you're hoping for. But it's also got the power to provide whatever it is that you're looking for. And that's the direction obviously, that I'm choosing to go, I'm choosing to believe that whatever is going to happen from this, and I have no idea yet like we're sitting here a week later, but I'm holding the space knowing that something better is coming, something better is going to happen. We're going to have better vehicles, we're going to have safer vehicles, this was done for our favor for our benefit for our safety, whatever the case might be, right. So you have those two ends of the stick. Remember, every desire is two ends, you have the desire you want the outcome you want, or you have the absence of it, and you choose which one feels better. So for me, it feels better to choose that we are going to move forward with something that is completely cool. And it's going to be awesome, and everything that we want. And that's what I'm going to manifest I don't know what vehicle I want yet. So I'm going to also be working on manifesting the concept of what vehicle do I really want, like, I'm going to manifest, being able to discern and choose a vehicle that is of the most benefit to our family. Like I know that once I see it, it will be clear, you know what I mean? We've test driven a couple of vehicles, we kind of know what we like. But our budget, we have no idea like we're waiting for the bank to let us know what we're capable of doing. And we're waiting for the insurance company to let us know what we have to work with. So we're kind of like pie in the sky. Let's just kind of see what's out there. And what what do we like kind of situation right this moment, be open to the possibilities of what's to come be open to receiving the insights to receiving the gifts that are coming from this to receive the flashes of awareness, or the steps, the inspired action that's going to help you to get to where you need to go. Like if you're trying to figure out like what is this vehicle? Obviously, sit back and think about? What do you have to do? Do you have to look online? Do you have to go to town and test drive some vehicles? Do you need to talk to the bank? Do you need to talk to your insurance agent do you need to ask people what their

opinions are on on different cars that you're kind of liking right now and trying to get information on whether or not it's a good vehicle, whatever it is, there's inspired action that's going to arise and as you take that each step is going to bring you closer to your ultimate desire. So if you're desiring a brand new vehicle that is perfect in your eyes, it's going to come those steps, those guidance system steps are going to arise for you, you're going to know what to do and you're going to know it when you see it. You know that feeling right? When something is the exact right thing at the exact right time. It's like the, you know, the heavens open up light shines down and goes oh, you know, it's that sort of feeling. You just know it, you know, in your gut that this is the thing. And so that's what I'm waiting for. That's the that's the moment I'm waiting for. So far, we've done some test driving, we've done some, you know, various things in order to get to our steps, but haven't had that moment yet. But I know it's coming. And so when you hold that vibe, when you know, you're inspired actions coming when you know the ultimate destination is coming, you can kind of get excited about it, you can hold that anticipation for it. Knowing that something cool is coming, you're just not quite sure what yet. Now, if you're focused on the other end of the stick, you could be like dreading it, you can be dreading, oh gosh, I can't, you know I'm gonna have to give back this really nice Jeep Compass from the Enterprise rental place and I'm gonna have to have like a junker car, you know, and I'm gonna have to really focus on being safe on my in this really crappy vehicle for the next however long, you could really be in a worse place because you're allowing your emotional state to go someplace negative, right? The goal here is the same with ever any and every manifestation it's to number one, decide what you want. Hopefully by focusing on the positive end of the stick, hold the vibe knowing that it is yours. Whatever it is, you are in charge of your destiny, you are in charge of your reality. You can reality hack at any moment in time, simply by choosing and holding the vibe knowing it's yours. As you're moving forward. Then you're just going To move confidently knowing it's coming, knowing that the thing that you want is almost here until it's arriving until it's, you know, unfolding before you. And so with a vehicle, like with this situation, we know that the timeframe is limited, there is only so many days that we get to have these rental vehicles until that ends, and we have to have new vehicles in our driveway. Right now, we still have old vehicles in our driveway that are smashed to bits. And so until the insurance company does their end of the bargain, we know that it's not quite here yet, we're not quite forced to do the thing. So it's, it's still been manifestation is still doing its thing, pieces are still working out for whatever reason, maybe there's a used vehicle, that is going to be the perfect vehicle for us. But for each of us, I don't know, whatever, maybe one of us, and we just haven't gotten that point. But maybe there's a vehicle, it's coming on the market. It's not here yet. And so that's what the holdup has been for us, because we're trying to manifest the perfect vehicle. So whenever you come into delays, whenever you come into things that are kind of glitching out or things that are whatever, remember to hold the vibe of it is always working out in your favor. So even if it seems like it's slower, even if it seems like what the heck is this thing, it's all working out, up and up only right up and up only for me this week. My job, thankfully, has been to hold the vibe knowing that whatever we want is coming. But also to focus on finishing up in life Wolfpack. So last week kind of just derailed all progress. For the most part, I only got three chapters of it done. And it was just really a stressful week, because we had a lot of cleanup, we were dealing with, you know, two and a half days of having the power down and I wasn't able to get to the podcast and talk to you guys. There was a lot of weird things that happened last week that had to be dealt with. And we did do test driving, and we did go to places and we had to get the rental vehicles. And so a lot of things were just in upheaval, this week, things are going much better. And so my focus is to finish up my life wolf pack, I'm only down to six chapters. So that should hypothetically come into play. Even if it's like, you know, beginning part of next week, I finish it fine, the editors will be fine with that. So it's just a matter of two things hold the vibe, knowing that the cars are coming and follow the inspired action as it arrives. And then also to finish this book. And so when you're

clear on what you want, in this moment, or in the next few moments, or in the future, it makes it easier for the universe to give it to you it makes your energy clearer to be able to focus it and go forward confidently. And that goes the same like before a messy manifestation actually happens. So how do you do real messy manifestation before it happens? Truly, it's to be clear on the really important things, and then lean back and allow it to come through rather than focusing so hard that you're gripping it too tightly. And then it struggles to come through because you have some resistance there to work through, you're not allowing it. Hopefully this kind of example has been helpful for you. Hopefully, you can see how sometimes messy manifestations happen simply because you're holding on to one thing really tightly. And as you're holding on to it tightly, a different desire is coming through. And it comes through a nerve, like unusual way, this is the same kind of concept as like allowing miracles to happen. Be open to the possibilities be open to the ways that the universe can deliver to you the thing that you're really looking for right now or in a timing that is good for you or whatever. That's kind of what I wanted to talk about this week. I hope it was helpful to you hopefully you learn from I don't know if their mistakes but kind of my desire to do other things like to make things successful. I think I've been focused so much on obviously midlife wolf pack and the accidental Alpha series and making sure that that's doing its thing. And then also author revolution, trying to make sure that it's as successful as possible. I've got business classes I'm taking, I'm doing all the things. And so I was focused a lot on those so much so that like every day, I'm working on a little piece here, a little piece there and it feels like the grip was too tight. And so those that's how the the car situation came through. I have zero doubt of that. So I want you today to just relax a little bit know and trust that whatever it is you desire is already yours. And so if you don't want something as crazy as this to happen to you, it won't because you've decided that that's not the way you want a manifestation to come through. I've been open. It's not a big deal. We'll work through it. We've got rental vehicles for now. So it's like everything is working out in my favor. But it's all it's all experiences, right guys? It's all like crazy things that are coming up and happening and we are here just simply to sift through that information and to launch new rockets of desire, as Abraham Hicks says like to go through this information, go, you know what this kind of contrast and don't overly like. So let's not do that again, kind of thing, and manifest something in an easier, better, simpler way. That's my week. Hopefully you guys are having a better week than we've had over here. I mean, it's not terrible, don't get me wrong, it's not terrible. It's just been a more stressful week than it needed to be. And so, manifest some good stuff, manifest some awesome, amazing, wonderful things with your author careers. But step back a little bit to allow it like go to the beach, you know, it's summer here in the United States. So if it's summer for you go to the beach. If it's winter, like it is in South Africa, then, you know, do something else, go to the library, go to a bookstore and just enjoy some time, you know, do something else to get your mind off of the thing that you really, really, really, really want. And don't focus so much on it because it's not going to help you accomplish the thing of the art of allowing truly is all about letting go knowing and trusting that it is yours. So whatever it is you're desiring today, whatever it is, you're working hard at manifesting. Remember to give yourself some time to let it go to lower your resistance and to allow it in. Alright. If you'd like to get the transcript of today's episode, make sure you head over to authorrevolution.org/135 and you can download the transcript there. Alright guys, welcome to the crazy town week over here at the revolution and next week, we're gonna have a fantastic interview that I cannot wait to share with you. So stay tuned, hang tight, but go forth and start your Author revolution.